

AHC Swimming Lesson Timetable

Monday				
	Lauren	Ben	Lois	
4pm	Stage 1	Stage 3	Stage 3	
4:30pm	Stage 1	Stage 5	Stage 2	
5pm	Stage 4A	Stage 6	Stage 3	
5:30pm	Stage 1	Stage 7	Stage 2	

Wednesday				
	George	Ben	Abbie	
4pm	Stage 1	Multi	Stage 3	
4:30pm	Stage 1	Aquatic	Stage 4A	
5pm	Stage 2	Ducklings	Stage 3	
5:30pm	Stage 1	Stage 5	Stage 2	

Friday				
	George	Ben	Lois	
4pm	Stage 1	Stage 2	Stage 4B	
4:30pm	Stage 3	Stage 4A	Stage 5	
5pm	Stage 1	Stage 2	Ducklings	
5:30pm	Stage 3	Stage 4A	Stage 7	

Tuesday				
	George	Ben	Lois	Abbie
4pm	Stage 2	Stage 1	Stage 1	Stage 4B
4:30pm	Stage 1	Stage 4B	Stage 4A	Stage 3
5pm	Stage 2	Stage 6	Stage 3	Stage 4A
5:30pm	Stage 1	Adult	Ducklings	Stage 3
6pm	Stage 2	Lessons	Stage 4B	Stage 4A

Thursday				
	Ella	Ben	Thomas	Lois
4pm	Stage 2	Rookie	Stage 4A	Stage 1
4:30pm	Stage 3	Lifeguard	Stage 1	Stage 2
5pm	Stage 4A	Stage 4B	Stage 3	Stage 1
5:30pm	Stage 3	Stage 5	Ducklings	Stage 1
6pm	Stage 4A	Stage 2	Stage 4B	Stage 2

