



LISTEN SUPPORT ACT

SAFEGUARDING

What You Can Expect From Adults...

- *To treat you with respect and never ridicule or bully you.*
- *To make sure you are safe when you take part in activities.*
- *To listen if you have a concern and act on it appropriately.*
- *To follow safeguarding policies and procedures.*
- *Tell Someone If You Have a Concern...*

**You Have the
Right To...**



***Be safe from
harm and abuse.***



***Be treated with
respect and
appropriate
boundaries.***



***Not to be
discriminated
against.***



***Be listened to and
taken seriously.***

If you are worried about yourself or someone else:

- *Speak to a CV Life employee.*
- *Look out for staff wearing an orange lanyard, they are trained safeguarding contacts.*
- *Email:
safeguarding@cvlife.co.uk*
- *Call 999 if someone is in immediate danger.*

EXTERNAL CONTACTS:

Emergency:

999

M.A.S.H

(Multi-Agency Safeguarding Hub)

02476 788 555

NSPCC Helpline:

0808 800 5000

Childline:

0800 111



How CV Life Protects Children and Young People

At CV Life, we take safeguarding seriously.

To help protect children, young people, and vulnerable adults, we:

- Do not allow mobile phones or cameras in the viewing gallery, on poolside and in changing rooms
- Ensure all staff are trained in safeguarding and recognise signs of abuse or neglect.
- Require staff and volunteers to follow safe recruitment checks before working with children or young people.
- Make sure children and young people are supervised appropriately at all times.
- Have clear procedures in place if there are safeguarding concerns.
- Encourage children and young people to speak to us if they feel worried, and we always listen.
- Work with parents, carers, schools, and local safeguarding partners to keep children safe.

**For more information:
[www.cvlife.co.uk/
safeguarding-policy/](http://www.cvlife.co.uk/safeguarding-policy/)**

